

ST-Elevation Myocardial Infarction

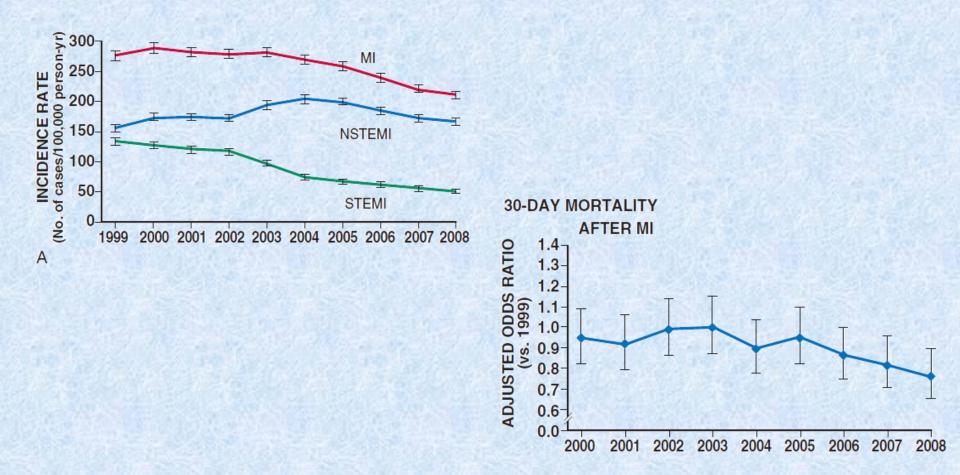


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CHANGING PATTERNS IN INCIDENCE AND CARE

- ✓ STEMI remains:
- A major public health problem in the industrialized world and
- Rise in <u>developing</u> countries

✓ Between 1999 and 2008, the ACS and STEMI declined by almost 50%.



IMPROVEMENTS IN OUTCOME

- Improvements in the management of STEMI:
- 1. The "clinical observation phase" (focused on detailed recording of physical and laboratory findings)
- 2. The "coronary care unit phase" (emphasized early detection and management of cardiac arrhythmias)
- 3. The "high-technology phase," (introduction of the pulmonary artery balloon catheter, set the stage for bedside hemodynamic monitoring)
- 4. The modern "reperfusion era" (intracoronary and then intravenous fibrinolysis, and development of primary PCI)

Universal Definition of Myocardial Infarction

Criteria for Acute Myocardial Infarction

- Rise and/or fall in cardiac biomarker values (preferably cTn) and one of the following:
- A. Symptoms of ischemia
- B. New or presumed new significant ST-T changes or new LBBB
- C. Development of pathologic Q waves on the ECG
- D. Imaging evidence of new loss of viable myocardium or new regional wall motion abnormality
- E. Identification of an intracoronary thrombus by angiography or autopsy
- Cardiac death with symptoms suggestive of myocardial ischemia and presumed new ischemic changes on the ECG or new LBBB but death occurred before cardiac biomarkers were determined or before cardiac biomarker values would be increased.

Criteria for Acute Myocardial Infarction

- ✓ PCI-related MI :
- elevation of cTn values (to >5 × the 99th percentile) in patients with normal baseline values or
- a rise in cTn values >20% if the baseline values are elevated and are stable or falling.
- In addition, either
- (1) symptoms suggestive of MI,
- (2) new ischemic changes on the ECG,
- (3) angiographic findings consistent with a procedural complication, or
- (4) imaging demonstration of new loss of viable myocardium or new regional wall motion abnormality is required.

✓ CABG-related MI:

- elevation of cardiac biomarker values (to >10 × the 99th percentile) in patients with normal baseline cTn.
- In addition, either
- (1) new pathologic Q waves or new LBBB,
- (2) angiographically documented new graft or new native coronary artery occlusion, or
- (3) imaging evidence of new loss of viable myocardium or new regional wall motion abnormality is required.

Criteria for Previous Myocardial Infarction

- Any one of the following criteria:
- 1. Pathologic Q waves with or without symptoms (in the absence of nonischemic causes)
- 2. Imaging evidence of a region of loss of viable myocardium that is thinned and fails to contract (in the absence of a nonischemic cause)
- 3. Pathologic findings of previous MI

Universal Myocardial Infarction Classification of Type

• Type 1: Spontaneous MI

(Atherosclerotic plaque rupture, ulceration, fissuring, erosion, or dissection)

- Type 2: MI Secondary to Ischemic Imbalance (Imbalance between myocardial oxygen supply and/or demand)
- Type 3: MI Resulting in Death When Biomarker Values Are Unavailable
 (Cardiac death + symptoms + new ischemic changes on the ECG or new LBBB)
- Type 4a: MI Related to PCI
- Type 4b: MI Related to Stent Thrombosis
- Type 5: MI Related to CABG

PATHOLOGIC FINDINGS

Almost all ACS events result from coronary atherosclerosis, generally with superimposed coronary thrombosis caused by <u>rupture or</u> <u>erosion</u> of an atherosclerotic lesion

 Non-atherogenic forms of coronary artery disease are uncommom.

TABLE 51-3 Causes of Myocardial Infarction Without Coronary Atherosclerosis Coronary Atherosclerosis

Coronary Artery Disease Other than Atherosclerosis

Arteritis Luetic Granulomatous (Takayasu disease) Polvarteritis nodosa Mucocutaneous lymph node (Kawasaki) syndrome Disseminated lupus erythematosus Rheumatoid spondylitis Ankylosing spondylitis Trauma to coronary arteries Laceration Thrombosis latrogenic Radiation (radiation therapy for neoplasia) Coronary mural thickening with metabolic disease or intimal proliferative disease Mucopolysaccharidoses (Hurler disease) Homocystinuria Fabry disease Amyloidosis Juvenile intimal sclerosis (idiopathic arterial calcification of infancy) Intimal hyperplasia associated with contraceptive steroids or with the postpartum period Pseudoxanthoma elasticum Coronary fibrosis caused by radiation therapy Luminal narrowing by other mechanisms Spasm of coronary arteries (Prinzmetal angina with normal coronary arteries) Spasm after nitroglycerin withdrawal Dissection of the aorta Dissection of the coronary artery

Emboli to Coronary Arteries

Infective endocarditis Nonbacterial thrombotic endocarditis Prolapse of the mitral valve Mural thrombus from the left atrium, left ventricle, or pulmonary veins Prosthetic valve emboli Cardiac myxoma Associated with cardiopulmonary bypass surgery and coronary arteriography Paradoxical emboli Papillary fibroelastoma of the aortic valve ("fixed embolus") Thrombi from intracardiac catheters or guidewires

Congenital Coronary Artery Anomalies

Anomalous origin of the left coronary from the pulmonary artery Left coronary artery from the anterior sinus of Valsalva Coronary arteriovenous and arteriocameral fistulas Coronary artery aneurysms

Myocardial Oxygen Demand-Supply Disproportion

Aortic stenosis, all forms Incomplete differentiation of the aortic valve Aortic insufficiency Carbon monoxide poisoning Thyrotoxicosis Prolonged hypotension Takotsubo cardiomyopathy

Hematologic (In Situ Thrombosis)

Polycythemia vera Thrombocytosis Disseminated intravascular coagulation Hypercoagulability, thrombosis, thrombocytopenic purpura

Miscellaneous

Cocaine abuse Myocardial contusion Myocardial infarction with normal coronary arteries Complication of cardiac catheterization

Causes of myocardial oxygen supply-demand imbalance



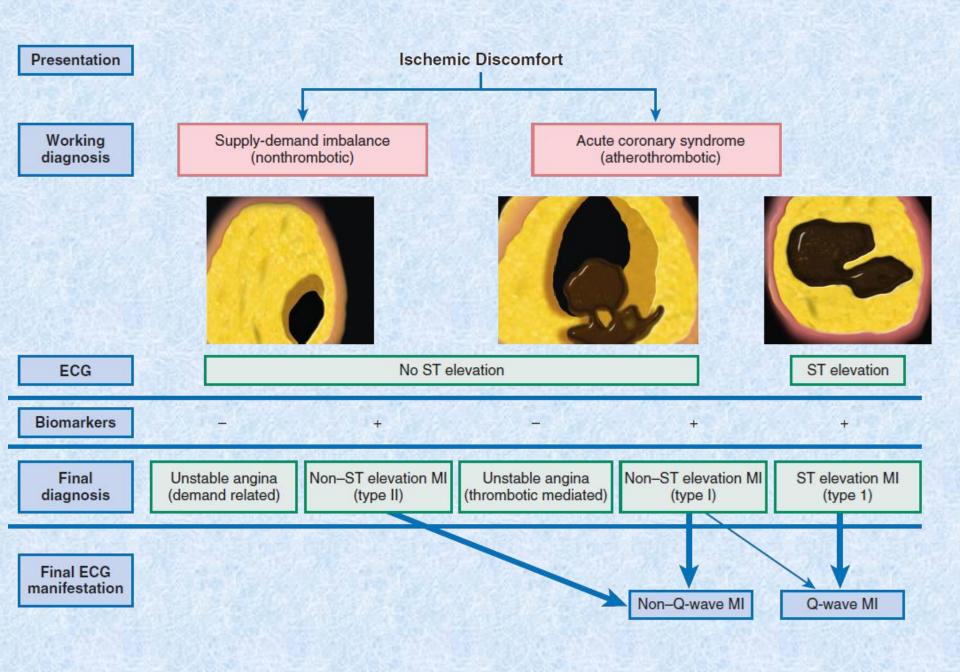
Plaque rupture with thrombus

Vasospasm or endothelial dysfunction



Fixed atherosclerosis and supply-demand imbalance

Supply-demand imbalance alone



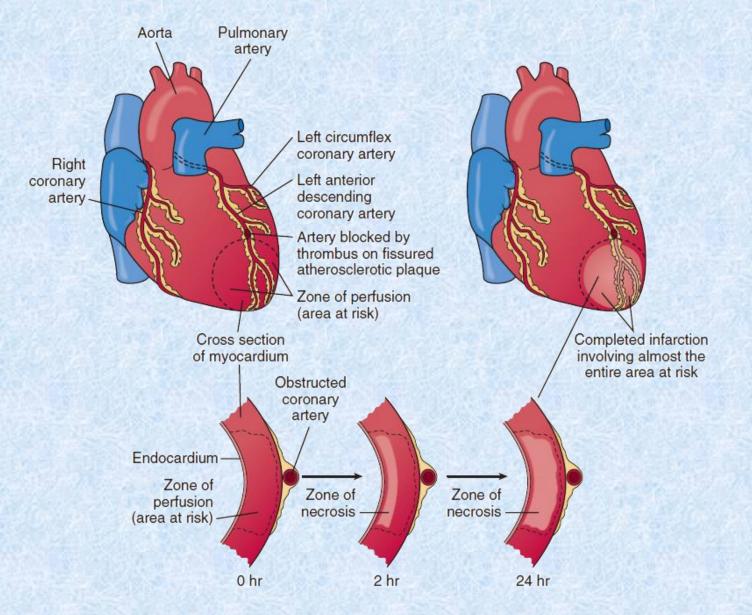
- Before the fibrinolytic era, clinicians typically divided patients with MI into those in whom
- 1. a Q wave developed on the ECG (transmural infarctions)
- 2. those with non-Q-wave MI (subendocardial infarctions)

 New studies using CMR indicate that the development of a Q wave is determined more by the size of the infarct than by the depth of mural involvement.

Plaque

- Plaque disruption exposes substances that promote platelet activation and aggregation, thrombin generation, and ultimately thrombus formation.
- The resultant thrombus interrupts blood flow and leads to an imbalance between oxygen supply and demand and, if this imbalance is severe and persistent, to myocardial necrosis.

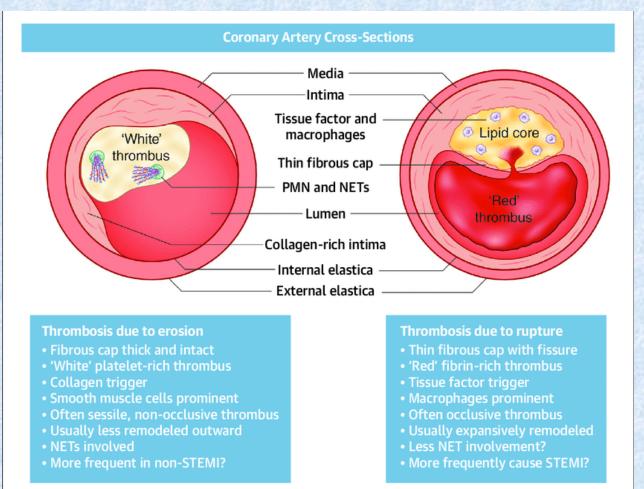
Schematic representation of the progression of myocardial necrosis after coronary artery occlusion



Plaque Fissuring and Disruption

- In autopsy studies, **plaque rupture** and **plaque erosion** are the most common underlying causes of MI and sudden cardiac death.
- Plaque rupture is present in <u>almost three quarters of cases</u> and is more <u>prevalent</u> in men.
- Plaque erosion is more frequent in women younger than 50 years, although the prevalence of rupture increases as women age.
- Atherosclerotic plaque considered prone to disruption or erosion is most likely plaque that has evolved to a morphology that includes a **necrotic core filled** with **lipids** and **inflammatory cells** and covered by a **thin and inflamed fibrous cap**.
- A prospective study of 697 patients with ACS who underwent three-vessel coronary angiog- raphy and gray-scale radiofrequency intravascular ultrasonographic imaging after PCI found that three lesion characteristics—lipid burden greater than 70%, thin-cap broatheroma morphology, and a minimal luminal area of 4.0 mm2 or smaller—were independent correlates of future atherosclerotic events

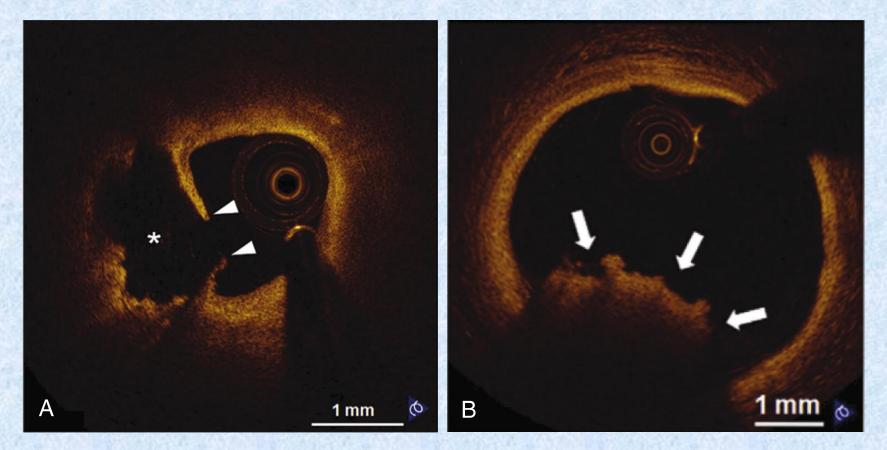
plaque rupture vs. plaque erosion



The coronary artery cross section showing thrombosis due to erosion (left) and rupture (right). Reproduced with permission from Libby et al. (27). ACS = acute coronary syndrome; NET = neutrophil extracellular trap; PMN = polymorphonuclear leukocytes; STEMI = ST-segment elevation myocardial infarction.

	Plaque Rupture	Plaque Erosion			
Estimated incidence ACS	67% (Predominant in STEMI)	25% (NSTEMI>STEMI)			
Clinical Profile	Older Traditional risk factors (dyslipidemia, hypertension, diabetes)	Younger Women Smoker Lower LDL			
Angiographic characteristics	Higher anatomical complexity Smaller lumen Occlusive thrombus	Predominant LAD Lower anatomical complexity Larger lumen Non-occlusive thrombus			
Underlying Plaque	Lipid plaque TCFA Red thrombus	Fibrous plaque White thrombus			
Optical Coherence Tomography (OCT)					

Plaque Rupture and Thrombosis

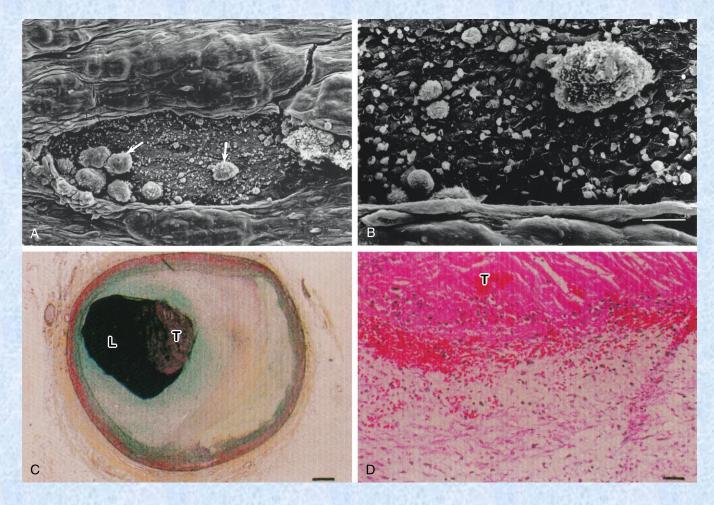


Examples of disrupted plaques in coronary arteries visualized by optical coherence tomography.

A, Rupture of a fibrous cap. *Arrowheads* point to the intimal discontinuity; the lucent cavity below (*asterisk*) probably represents an ulcer containing a <u>lipid-rich core</u>. Some or all of the thrombogenic contents of this core may have herniated into the artery and embolized.

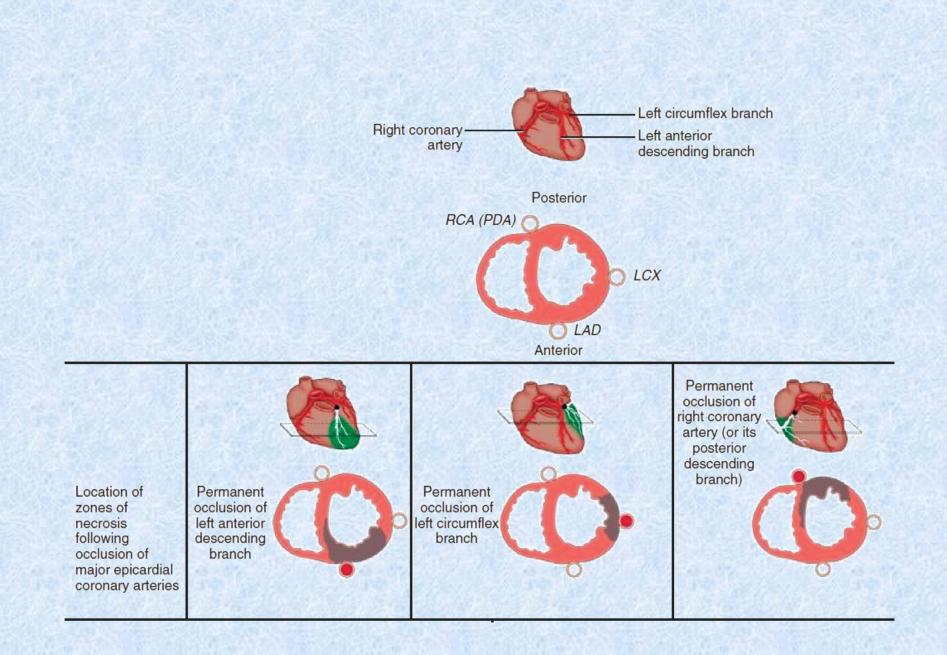
B, An apparent thrombus (*arrows*) in a region <u>without evident fibrous cap rupture</u> probably represents <u>superficial</u> erosion.

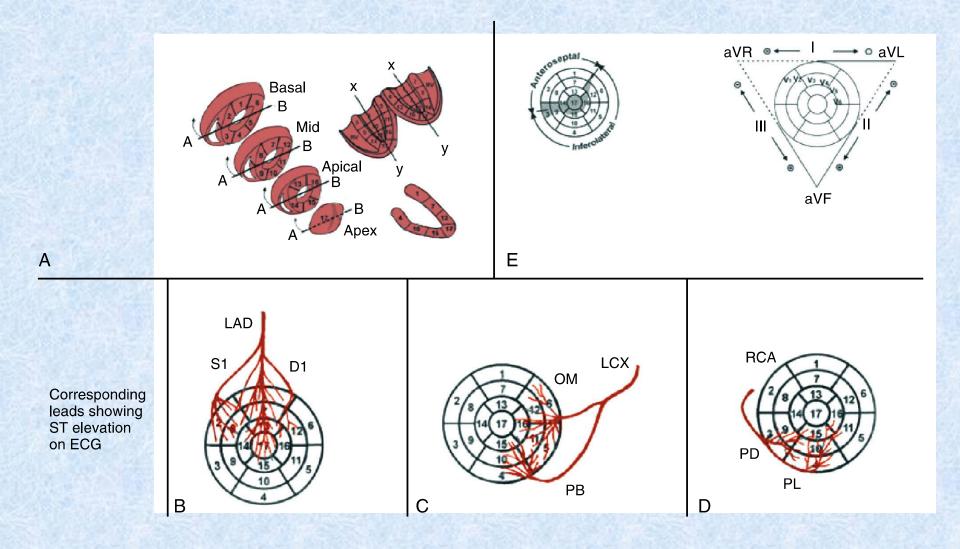
Thrombosis Due to Superfacial Erosion of Plaques



Acute Coronary Syndromes

- Plaque disruption exposes thrombogenic substances that may produce an extensive thrombus in the infarct-related artery.
- An **adequate collateral network** that prevents necrosis from occurring can result in clinically silent episodes of coronary occlusion;
- in addition, many plaque ruptures are asymptomatic if the <u>thrombosis is</u> not occlusive.
- Characteristically, completely occlusive thrombi lead to transmural injury to the ventricular wall in the myocardial bed subtended by the affected coronary artery.
- The most characteristic change in the QRS that develops in most patients with STEMI is the evolution of <u>Q waves</u> in leads overlying the infarct zone.
- In a minority of patients with ST elevation, no Q waves develop but other abnormalities in the QRS complex occur frequently, such as diminution in R wave height and notching or splintering of the QRS.



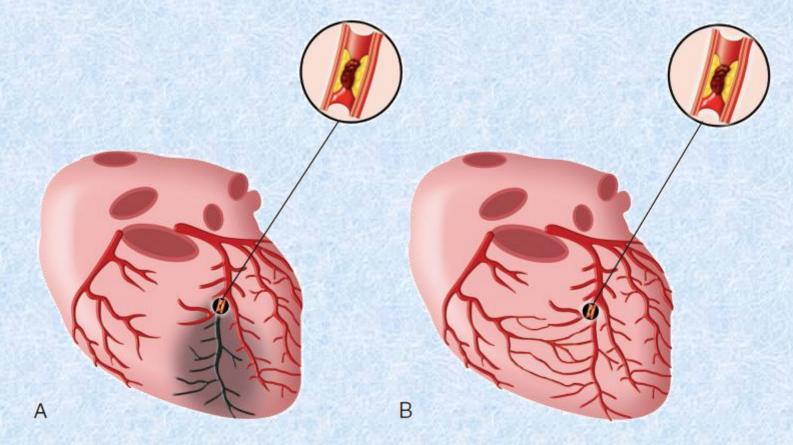


For example, ST elevation seen most prominently in the leads overlying segments <u>1, 2, 7, 8, 13, 14, and 17</u> indicates that the LAD is the infarct artery.

Heart Muscle

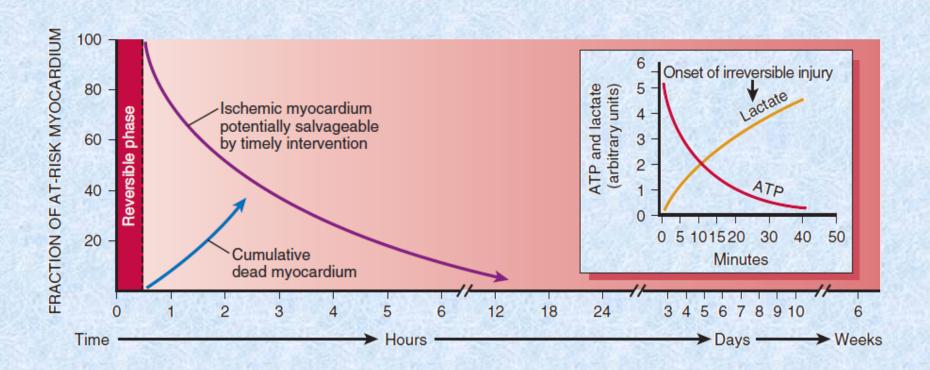
- The cellular effects of ischemia commence within seconds of the onset of hypoxia with the loss of adenosine triphosphate (ATP) production.
- Myocardial relaxation-contraction is compromised, and irreversible cell injury begins within as early as 20 minutes.
- Necrosis is usually complete in 6 hours unless reperfusion occurs or an extensive collateral circulation is present.

Schematic drawing of the coronary artery circulation of LAD



Without interarterial anastomoses

With interarterial anastomoses



✓ 30 minutes after the onset of severe ischemia, myocardial injury is potentially <u>reversible</u>;

✓ after this point, progressive loss of viability occurs and is <u>complete</u> by 6 to 12 hours.

Electron microscopy Histo- chemistry			C staining de	fect ———			→	
Light microscopy	Waviness of fibers at border	Beginning coagulation necrosis; edema; focal hemorrhage; beginning neutrophilic infiltrate	Continuing coagulation necrosis; pallor (shrunken nuclei and eosinophilic cytoplasm); focal myocyte contraction bands	Coagulation necrosis with loss of nuclei and striations; neutrophilic infiltrate	Disintegration of myofibers and phago- cytosis by macrophages	Completion of phago- cytosis; prominent granulation tissue with neovascular- ization and fibrovascular reaction	Mature fibrous scar	Unreperfused infarct
Gross changes			Pallor	Pallor, sometimes hyperemia; yellowing at periphery	Hyperemic border; central yellow-brown softening	Maximally yellow and soft vascular- ized edges; red-brown and depresse	, d	

Hemorrhagic Predominant Delayed Myocardial Band Inflammation Necrosis Necrosis Arecosis Predominant Contraction Predominant Contraction Inflammation Band Band Band Band Bepair

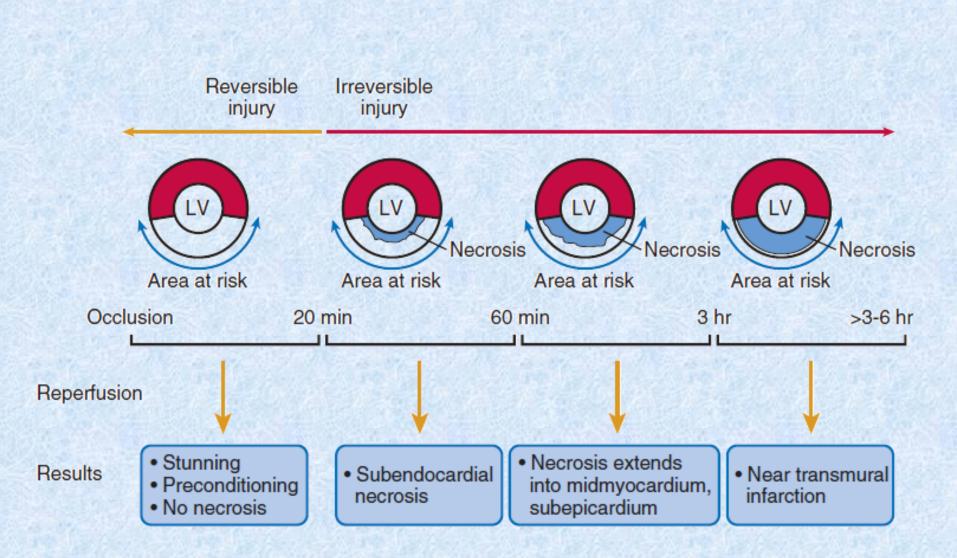
Contraction band necrosis is a type of uncontrolled <u>cell death</u> (<u>necrosis</u>) unique to <u>cardiac myocytes</u> and thought to arise in <u>reperfusion</u> from hypercontraction, which results in <u>sarcolemmal</u> rupture

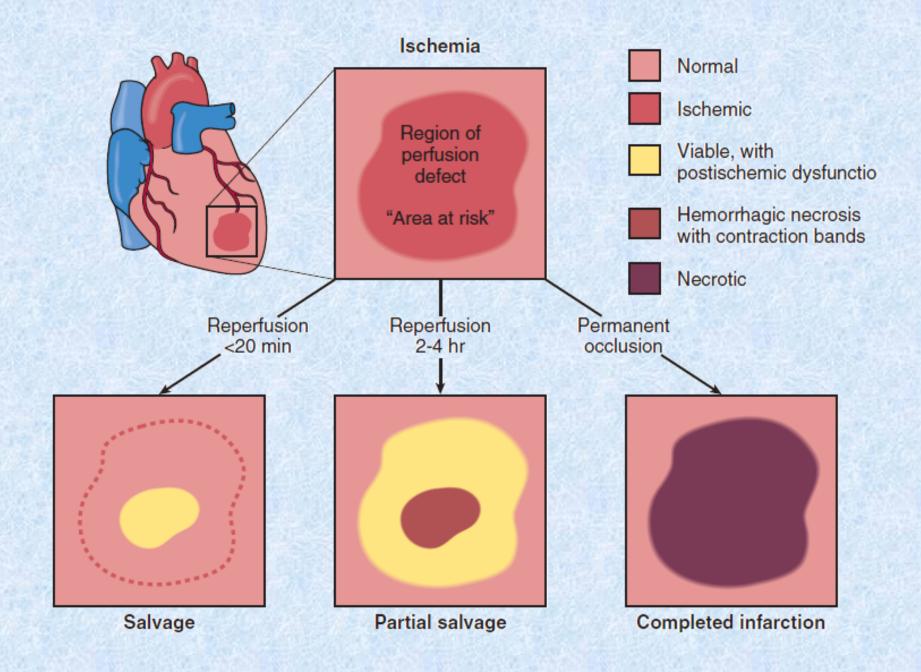
Right Ventricular Infarction

- Approximately 50% of patients with inferior infarction have some involvement of the right ventricle.
- Among these patients, right ventricular (RV) infarction occurs exclusively in those with transmural infarction of the inferoposterior wall and the posterior portion of the septum.
- RV infarction almost invariably develops in association with infarction of the adjacent septum and inferior left ventricular (LV) walls, <u>but isolated</u> <u>infarction of the right ventricle is seen in just 3% o 5% of autopsy-proven</u> <u>cases of M</u>I.
- RV infarction occurs less commonly than would be anticipated from the frequency of atherosclerotic lesions involving the right coronary artery.
- The right ventricle can sustain long periods of ischemia but still demonstrate excellent recovery of contractile function after reperfusion.

Atrial Infarction

- This type of infarction occurs in **up to 10%** of patients with STEMI if <u>PR-segment displacement</u> is used as the criterion.
- Although **isolated atrial infarction is observed in only 3.5% of patients** with STEMI at <u>autopsy</u>, it often occurs in conjunction with ventricular infarction and can <u>cause rupture of the atrial wall</u>.
- This type of infarction is more common on the right side than on the left side,
- occurs more frequently in the <u>atrial appendages</u> than in the lateral or posterior walls of the atrium,
- and can result in thrombus formation.
- Atrial infarction is frequently accompanied by <u>atrial arrhythmias</u> and has been linked to reduced secretion of atrial natriuretic peptide and to a <u>low-cardiac output syndrome when RV infarction coexists</u>.



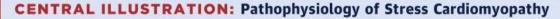


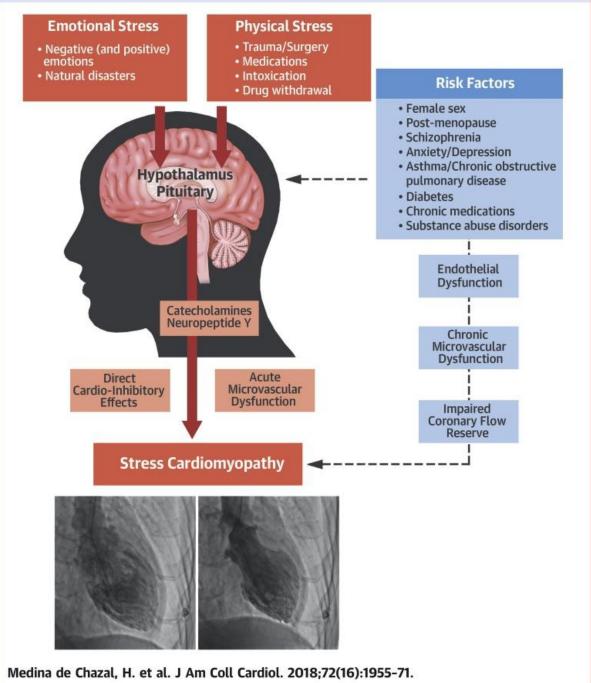
Collateral Circulation in Acute Myocardial Infarction

- The coronary collateral circulation is particularly well developed in patients with coronary occlusive disease, especially with reduction of the luminal cross-sectional area by more than 75% in one or more major vessels; in patients with <u>chronic hypoxia</u>, as occurs in cases of <u>severe anemia</u>, <u>chronic obstructive pulmonary disease</u>, and <u>cyanotic congenital heart disease</u>; and in patients with <u>LV</u> <u>hypertrophy.</u>
- The magnitude of coronary collateral flow is a principal determinant of infarct size.
- Even if the collateral perfusion existing at the time of coronary occlusion does not prevent infarction, it may still exert a beneficial effect by preventing the formation of LV aneurysms.
- Patients with <u>angiographic evidence of collateral formation</u> have improved angiographic and clinical out-comes after MI.

- Patients with <u>STEMI and normal coronary arteries</u> tend to be **young** with relatively few coronary risk factors <u>except that they often have a history</u> of cigarette smoking.
- Usually, they have no history of angina pectoris before the infarction.
- These patients do not generally have a prodrome before infarction, <u>but</u> <u>the clinical, laboratory, and electrocardiographic features of STEMI</u> otherwise resemble those present in the overwhelming majority of patients with STEMI who have classic obstructive atherosclerotic coronary artery disease.
- Patients who recover frequently have areas of localized dyskinesis and hypokinesis identified at LV angiography.
- Many of these cases result from coronary artery spasm and/or thrombosis, perhaps with underlying endothelial dysfunction or plaque not apparent on coronary angiography.

- The transient LV apical ballooning syndrome (takotsubo cardiomyopathy) is characterized by transient wall motion abnormalities involving the LV apex and mid-ventricle.
- This syndrome occurs in the <u>absence of obstructive epicardial</u> coronary disease and can mimic STEMI.
- Typically, an <u>episode of psychological stress precedes</u> the development of takotsubo cardiomyopathy.
- Initial ECGs demonstrate significant and often diffuse ST-segment elevations that when coupled with the typical (frequently severe) chest discomfort, prompts the appropriate immediate referral for coronary angiography.
- <u>The cause is not clear</u>, but **catecholamine- mediated myocardial stunning** and **microvascular dysfunction** play important roles.





- Additional suggested causes include
- (1) **coronary emboli** (perhaps from a small mural thrombus, a prolapsed mitral valve, or a myxoma);
- (2) coronary artery disease in **vessels too small to be visualized** on coronary arteriography or coronary arterial thrombosis with subsequent recanalization;
- (3) a hematologic disorder (polycythemia vera, cyanotic heart disease with polycythemia, sickle cell anemia, disseminated intravascular coagulation, thrombocytosis, and thrombotic thrombocytopenic purpura) causing in situ thrombsis in the presence of normal coronary arteries;
- (4) augmented oxygen demand (e.g., thyrotoxicosis, amphetamine use);
- (5) hypotension secondary to sepsis, blood loss, or pharmacologic agents; and
- (6) **anatomic variations** such as anomalous origin of a coronary artery, coronary arteriovenous fistula, or a myocardial bridge.

- Prognosis
- The long-term outlook for patients who have survived STEMI with <u>angiographically normal coronary vessels</u> <u>appears to be **brighter** than for those with STEMI and obstructive coronary artery disease.
 </u>
- After recovery from the initial infarct, <u>recurrent</u> <u>infarction, heart failure, and death</u> are **unusual** in patients with normal coronary arteries.
- Indeed, most of these patients have normal finding on the exercise ECG, and very few develop angina pectoris.

CLINICAL FEATURES

Predisposing Factors

 1/2 of patients with STEMI have an identifiable precipitating factor:

 Accelerating angina and rest angina (UA) may culminate in STEMI.

Noncardiac surgical procedures may also precede STEMI.

Predisposing Factors

- ✓ <u>Reduced myocardial perfusion</u> secondary to:
- 1. hypotension (e.g., hemorrhagic or septic shock) and
- 2. increased myocardial oxygen demands (aortic stenosis, fever, tachycardia, and agitation)
- ✓ Other factors:
- Respiratory infections,
- hypoxemia from any cause,
- pulmonary embolism,
- hypoglycemia,
- cocaine use,
- sympathomimetics,
- serum sickness,
- allergy,
- Prinzmetal angina (coronary artery spasm).

Circadian Periodicity

- The peak incidence of events occurring in the morning.
- Because:
- 1. increases in plasma catecholamines
- 2. Increases in cortisol and
- 3. increases in platelet aggregability.

 This peak is absent in patients receiving a <u>beta-blocking</u> agent or <u>aspirin</u>

History

Nature of the Pain

- The pain in most patients is:
- ✓ severe
- ✓ intolerable.
- ✓ prolonged (> 30 minutes)
- \checkmark discomfort (constricting, crushing, or compressing)
- complains of a sensation of a heavy weight or a squeezing in the chest.
- ✓ choking, viselike, or heavy pain,
- ✓ stabbing, knifelike, boring, or burning discomfort.
- Location of pain:
- ✓ usually localizes retrosternally
- ✓ frequently spreads to both sides of the anterior part of the chest, with a predilection for the left side.
- Often the pain radiates down the ulnar aspect of the left arm
- ✓ may begin in the epigastrium



Other Symptoms

- Nausea and vomiting
- 1. because of activation of the vagal reflex, Bezold-Jarisch reflex or side effects of opiates).
- 2. more commonly in patients with inferior STEMI
- If epigastric pain + nausea and vomiting, can be confused with:
- 1. acute cholecystitis,
- 2. gastritis, or
- 3. peptic ulcer.
- Other:
- ✓ feelings of profound weakness,
- ✓ dizziness,
- ✓ palpitations,
- ✓ cold perspiration, and
- ✓ a sense of impending doom.

Differential Diagnosis

- 1. Acute pericarditis (pleuritic features, coughing and often involves the shoulder, ridge of the trapezius, and neck).
- 2. Pulmonary embolism (laterally pain in the chest, pleuritic, and may be associated with hemoptysis).
- 3. Acute aortic dissection (localized to the center of the chest, severe, described a "ripping" or "tearing" sensation, maximal intensity shortly after onset)
- 4. Tension pneumothorax

Physical Examination

General Appearance

- Appear:
- ✓ anxious
- ✓ distress.
- ✓ restless and
- move about in an effort to find a comfortable position.
- ✓ often massage or clutch their chests✓ Levine sign
- ✓ If LV failure and sympathetic stimulation: cold perspiration and skin pallor



- Heart Rate
- The heart rate can vary from <u>marked bradycardia</u> to a <u>rapid regular</u> or <u>irregular</u> <u>tachycardia</u>
- ✓ Most commonly: sinus tachycardia at 100 to 110 beats/minute

Blood Pressure

- ✓ Most patients with uncomplicated STEMI are <u>normotensive</u>.
- In <u>previously normotensive</u> patients, a <u>hypertensive</u> response is seen (secondary to pain, anxiety, and agitation).
- Previously hypertensive patients often become normotensive, although many of them eventually regain their elevated levels of blood pressure, generally 3 to 6 months after MI.

• Temperature

- Fever:
- ✓ a nonspecific response to tissue necrosis, develops in most patients
- \checkmark within 24 to 48 hours of the onset of infarction.
- ✓ rectal temperature may reach 38.3°C to 38.9°C
- ✓ The fever usually resolves by the 4th to 5th day after infarction.

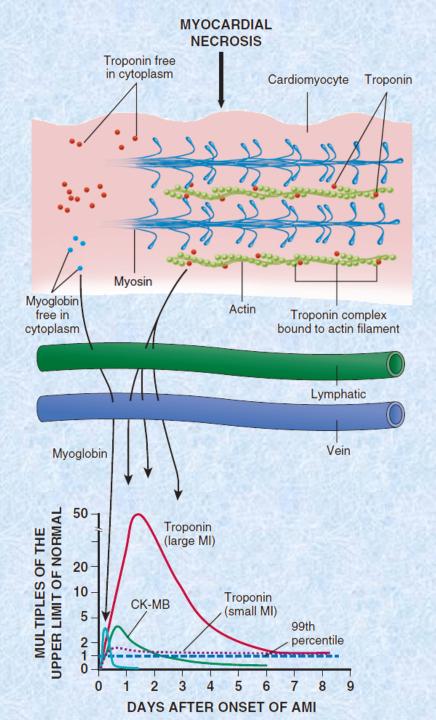
Respiration

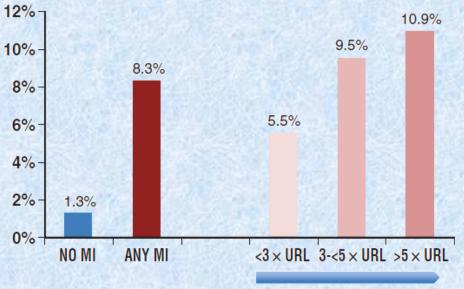
- ✓ The respiratory rate may rise slightly after STEMI;
- In patients with LV failure, the respiratory rate <u>correlates with the severity</u> of the failure;
- patients with pulmonary edema may have respiratory rates > 40 per minute.

The Chest

- <u>Rales</u> are audible in patients in whom LV failure and/or a reduction in LV compliance with STEMI develops.
- <u>Cough</u> with <u>hemoptysis</u>, suggesting pulmonary embolism with infarction, can also occur.
- <u>Killip</u> classes:
- Class I (free of rales and a S3).
- Class II (Rales <50% of lung fields ± S3).
- Class III (Rales >50% of lung fields and pulmonary edema).
- Class IV (Cardiogenic shock).

Laboratory Findings





Size of myocardial infarction

Risk for cardiovascular death associated with new or recurrent MI stratified according to MI size

Electrocardiography

ECG OF AMI (in the absence of LBBB)

ST Elevation

New ST elevation at the J point in two contiguous leads with the following cut points:

- $\geq 0.1 \text{ mV}$ in all leads (except V₂-V₃)
- In leads V₂-V₃ the following cut points apply:
 - ≥0.2 mV in men ≥40 years
 - \geq 0.25 mV in men <40 years
 - \geq 0.15 mV in women

ST Depression and T Wave Changes

- New horizontal or downsloping ST depression ≥0.05 mV in two contiguous leads
- T-wave inversion ≥0.1 mV in two contiguous leads with a prominent R wave or R/S ratio >1

ECG OF AMI (in the setting of LBBB)

Electrocardiographic Criterion	Points
ST-segment elevation ≥1 mm and concordant with the QRS complex	5
ST-segment depression ≥ 1 mm in lead V ₁ , V ₂ , or V ₃	3
ST-segment elevation ≥5 mm and discordant with the QRS complex	2
A score of ≥3 had a specificity of 98% for acute MI	



Table 6. Upper limits of normal J point elevation based on various
conditions.

Leads V2 and V3		
men ≥ 40 years	0.2 mV	
men < 40 years	0.25 mV	
Women	0.15 mV	
Leads (except V2 and V3)	0.1 mV	

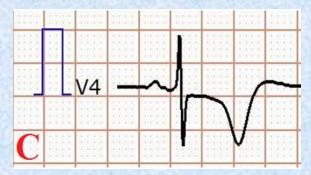




Normal T wave

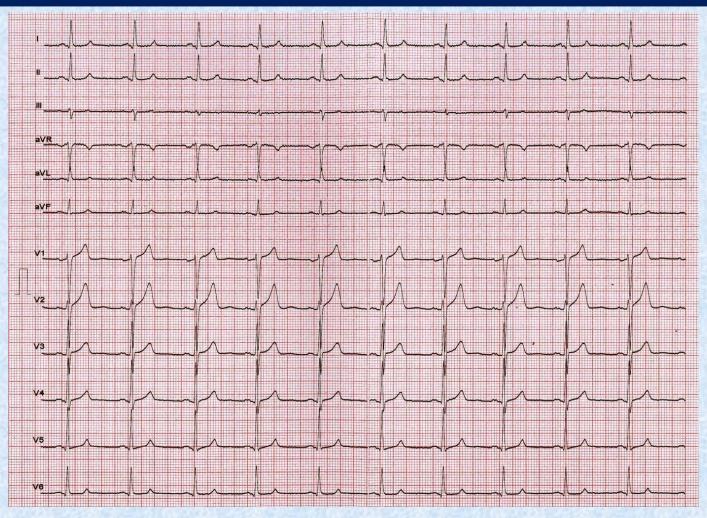


Hyperacute T wave, suggesting subendocardial ischemia



T wave, suggesting transmural ischemia





Subendocardial Ischemia. ECG from a 50 years old man with significant stenosis in mid portion of left anterior descending coronary artery. The amplitude of upright T wave in lead V1 is larger than lead V6.



Location of STEMI



Inferoposterior STEMI

RCA occlusion

- ST depression in leads I and aVL > 1 mm
- ST elevation lead III greater than in lead II
- ST depression in lead aVL > lead I

Proximal

- ST elevation more than 1 mm with positive T wave in lead V4R
- ST elevation in lead V1

Distal

- ST isoelectric with a positive T wave in lead V4R
- ST depression in leads V1-V2

CX coronary artery occlusion

- ST elevation in lead II greater than lead III
- ST isoelectric or elevated in lead I
- ST isoelectric or depressed with negative T wave in lead V4R
- ST depression in leads V1- V3

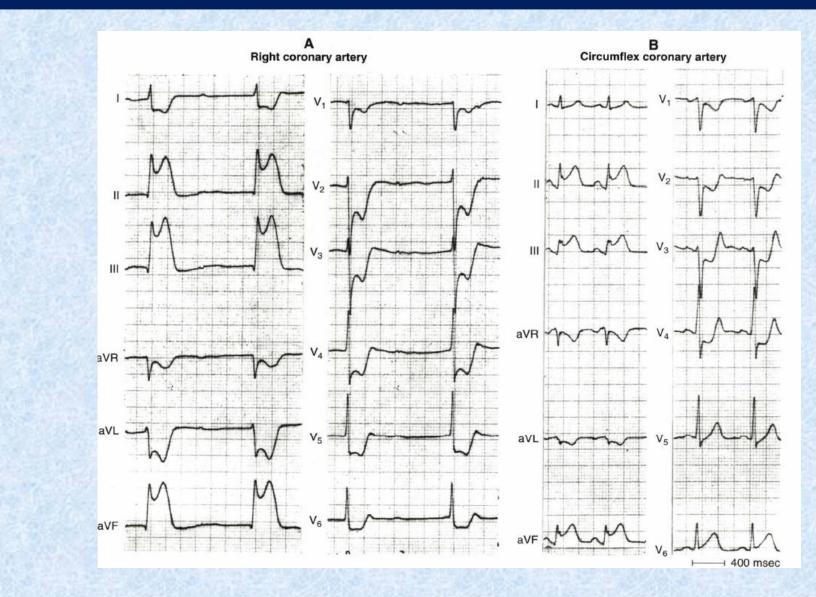
Extension to Posterior Wall

- ST depression in precordial leads
- Tall R-wave in V1-V2

Extension to Lateral Wall

• ST elevation in leads I, aVL, V5 and V6







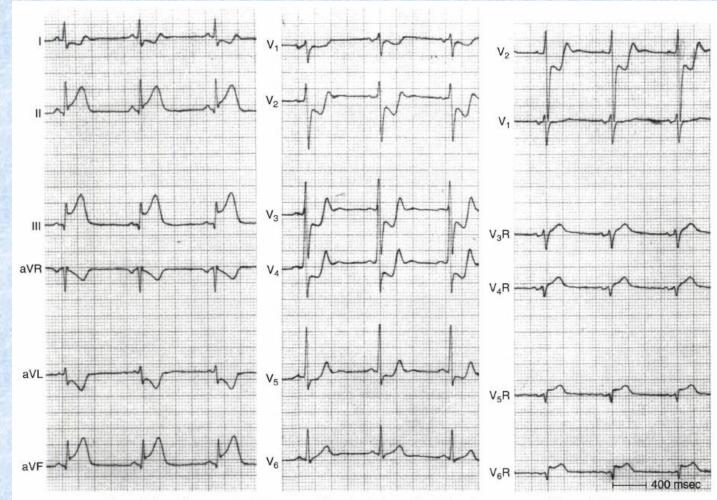


Figure 1-4 Inferoposterior ST segment elevation in MI with RV involvement caused by occlusion of the proximal RCA. RCA occlusion is diagnosed by ST depression in lead I and ST elevation in the inferior leads (more ST elevation in lead III than in lead II). The diagnosis that occlusion is proximal in the RCA is based on ST elevation with a positive T wave in lead V_4R .



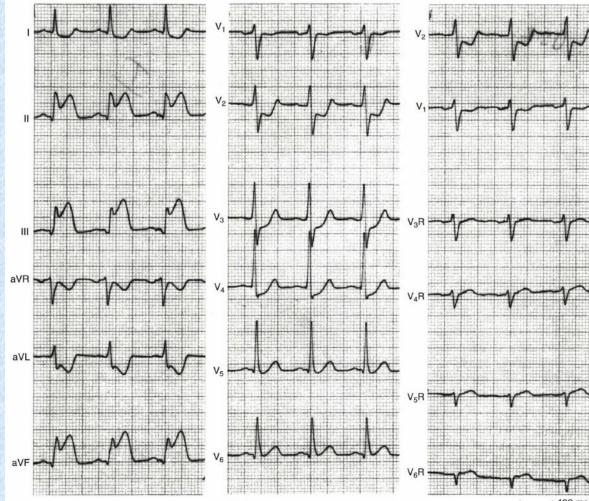


Figure 1-5 Inferoposterior ST segment elevation MI with no RV involvement. Note that leads I, II, and III indicate occlusion of the RCA (ST depression in lead I and elevation in II, III, and aVF, with more ST elevation in III than in II). Lead V_4R shows no ST elevation because the occlusion is distal to the RV branch.



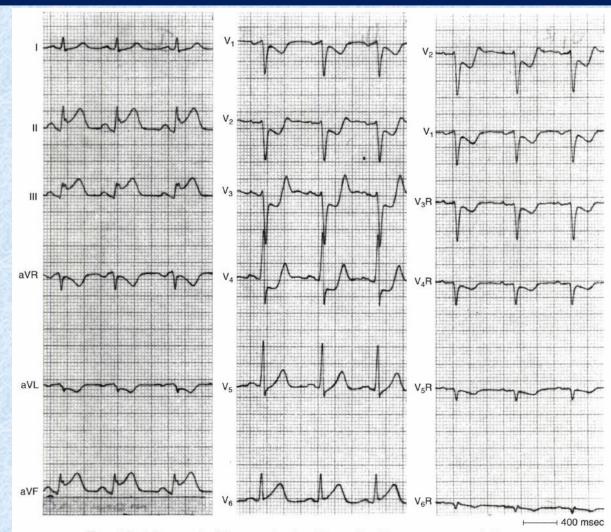
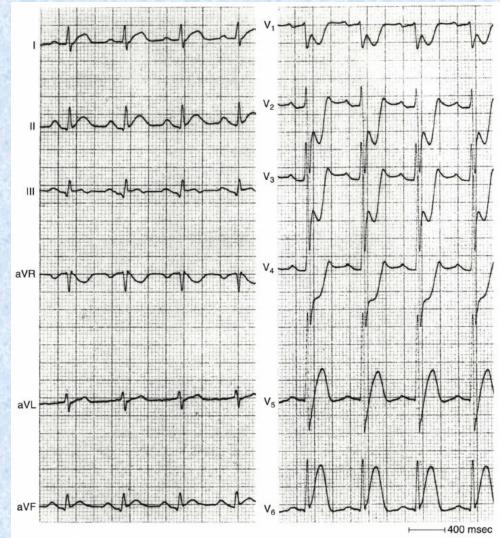
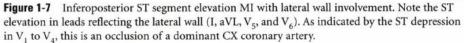


Figure 1-6 Inferoposterior ST segment elevation MI caused by CX coronary artery occlusion, reflected in the facts that ST elevation is more marked in lead II than in lead III, and ST segment depression and a negative T wave are shown in lead V_4R . Lead I also shows a positive T wave. Of interest is the notch at the end of the QRS in leads II, III, and aVF, indicating delayed activation of the basolateral area, a typical finding in CX coronary artery occlusion.









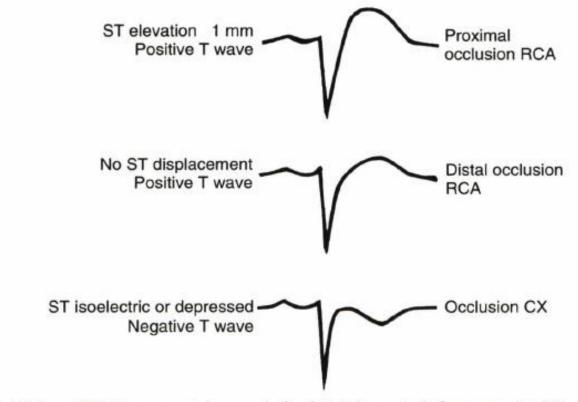
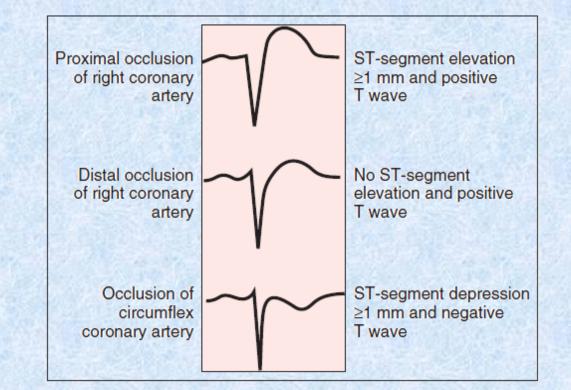


Figure 1-8 Value of ST-T segment changes in lead V₄R in acute inferoposterior MI.

RV MI

Clinical findings: Shock with clear lungs, elevated JVP Kussmaul sign

Hemodynamics: Increased RA pressure Square root sign in RV tracing



Management: Maintain RV preload Lower RV afterload Restore AV synchrony Inotropic support Reperfusion

V1

V₃R

V2

 V_6R

V₅R

V₄R



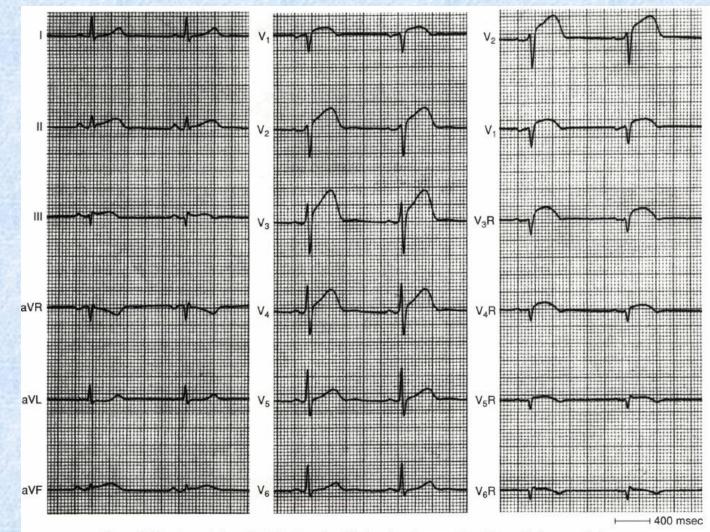


Figure 1-11 Acute isolated RV MI. Note that ST elevation is present in right and left precordial leads. This pattern should not be confused with that of anterior wall STEMI.



Anterior wall STEMI (LAD Occlusion)

Proximal to first septal branch and first diagonal branch

ST deviation vector points to the base of the heart, causing:

- ST elevation in leads aVR and aVL
- ST depression in leads II and III (> 1mm), and aVF (> 2mm)
- ST elevation in lead V1 (>2 mm) and leads V2 to V4
- ST isoelectric or depressed in leads V5 and V6

NOTE: Acquired intra-Hissal block or RBBB may occur.

Distal to first septal branch, proximal to first diagonal branch

ST deviation vector points to lead aVL, causing:

- ST elevation in leads I and aVL
- ST depression in lead III (lead II is isoelectric), but not ST depression in leads II, aVF
- ST elevation in leads V2 to V6 but not in lead V1

Distal to first diagonal branch, proximal to first septal branch

ST deviation vector points away from lead aVL and toward lead III, causing:

- ST depression in lead aVL and aVR
- ST elevation in inferior leads, highest in lead III
- ST elevation in leads V1 to V4

Distal LAD

ST deviation vector points apically toward lead III, causing:

- ST depression aVL and aVR
- ST elevation in inferior leads, highest in II
- ST elevation in leads V3 to V6



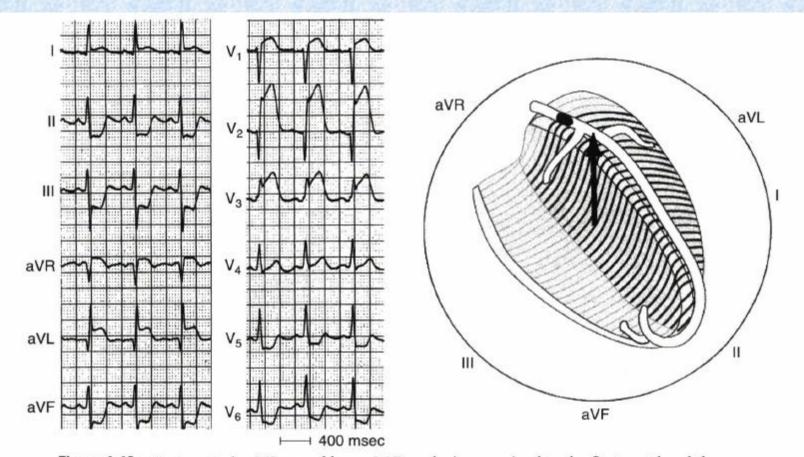


Figure 1-12 Acute anterior MI caused by an LAD occlusion proximal to the first septal and the first diagonal branch. Global ischemia of the whole anterior and septal aspects of the LV leads to a superiorly directed ST deviation vector because the anterobasal segment is the dominant ischemic area. This vector leads to ST elevation in leads aVR, aVL, and V₁, with reciprocal ST depression in the inferior leads and leads V₅ and V₆.



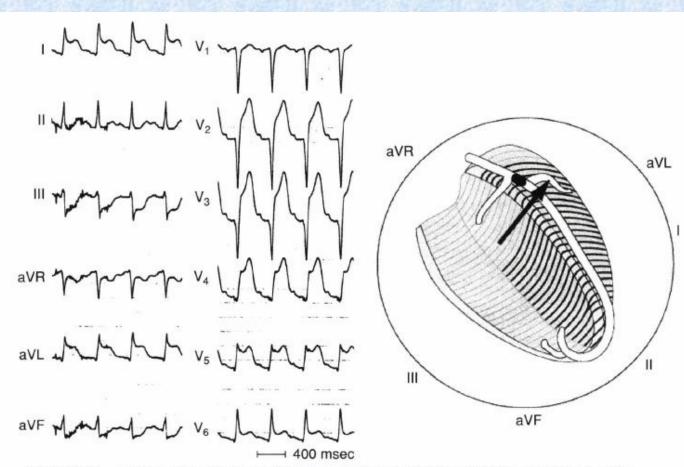


Figure 1-13 Acute anterior MI caused by an occlusion site in the LAD distal to the first septal branch but proximal to the first diagonal branch. The dominant ischemic area is located anterolaterally, leading to an ST deviation vector pointing in that direction. This results in ST elevation in leads I and aVL and ST depression in lead III. Lead II is isoelectric because of the perpendicular orientation of the ST vector in that lead.



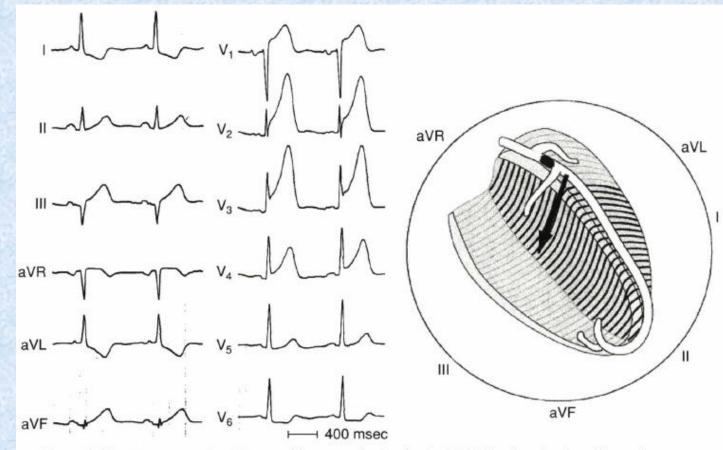


Figure 1-14 Acute anterior MI caused by an occlusion in the LAD distal to the first diagonal or intermediate branch but proximal to the first septal branch. This occlusion results in dominant ischemia in the anteroseptal area leading to a rightward and inferiorly directed ST deviation vector, which in turn results in ST elevation in leads V₁, aVR, and III and ST depression in leads I and aVL.



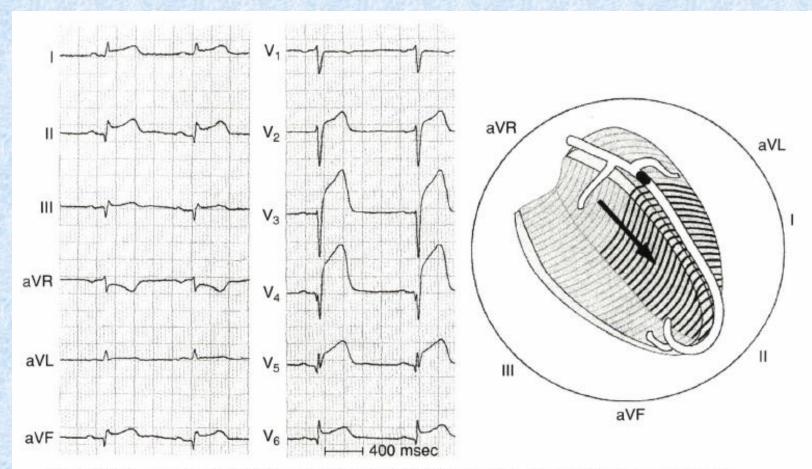
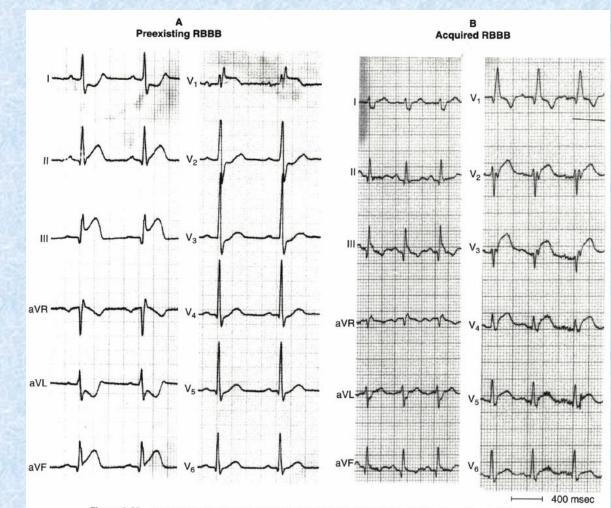
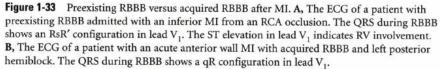


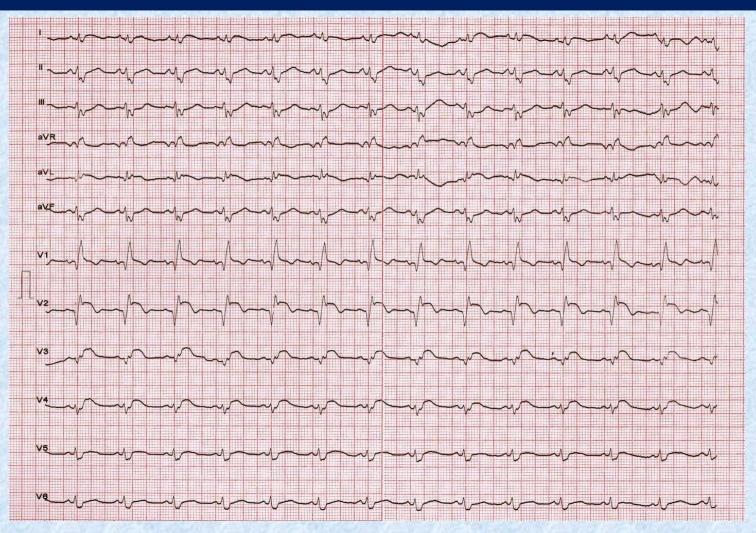
Figure 1-15 Acute anterior MI caused by a distal LAD occlusion. Because the ischemic area is located inferoapically, the ST deviation vector in the frontal plane points in an apical direction, resulting in ST elevation in the inferior leads (lead II greater than lead III), V₅, and V₆.











Acquired RBBB in patient with extensive anterior STEMI. In contrast to preexciting RBBB (rs R' or RsR' configuration), the QR complex in lead V1 is seen.



- STEMI equivalents:
- 1. Isolated posterior MI.
- 2. Left main coronary artery occlusion pattern.
- 3. De Winter pattern.
- 4. Wellens syndrome.
- 5. LBBB with Sgarbossa criteria.



Diag	maatia aritaria fan anasifia FCC nattarna in patienta with angina					
Diagnostic criteria for specific ECG patterns in patients with angina.						
Isolated posterior MI						
•	Horizontal ST depression in lead V1-4					
•	Dominant R wave (R/S ratio > 1) in V1 or V2					
•	Upright T waves					
•	ST elevation in posterior leads (leads V7-9)					
Left main coronary artery occlusion pattern.						
•	ST elevation in lead aVR and V1 (aVR > V1)					
•	ST depression in leads II and aVF (basal ischemia)					
•	ST depression in the precordial lead to the left of V2 (posterior wall ischemia)					
•	RBBB (may be present, because of ischemia in sub-AV nodal conduction system)					
	De Winter pattern					
•	Tall, prominent, symmetric T waves in the precordial leads					
•	Upsloping ST segment depression (1-3 mm) at the J-point in the precordial leads					
•	Absence of ST elevation in the precordial leads					
•	ST segment elevation (1-2 mm) in lead aVR					
	Wellens syndrome					
•	Symmetric and deeply inverted T waves in leads V2 and V3 (occasionally in leads V-6)					
or						
•	Biphasic T wave in leads V2 and V3;					
plus						
•	Isoelectric or minimally elevated (<1 mm) ST segment					
•	No precordial Q waves					
LBBB with Sgarbossa criteria						
•	ST-segment elevation ≥1 mm and concordant with the QRS complex (5 points)					
•	ST-segment depression ≥1 mm in lead V1, V2, or V3 (3 points)					
•	ST-segment elevation ≥5 mm and discordant with the QRS complex (2 points)					
A sco	ore of ≥3 had a specificity of 98% for acute MI					



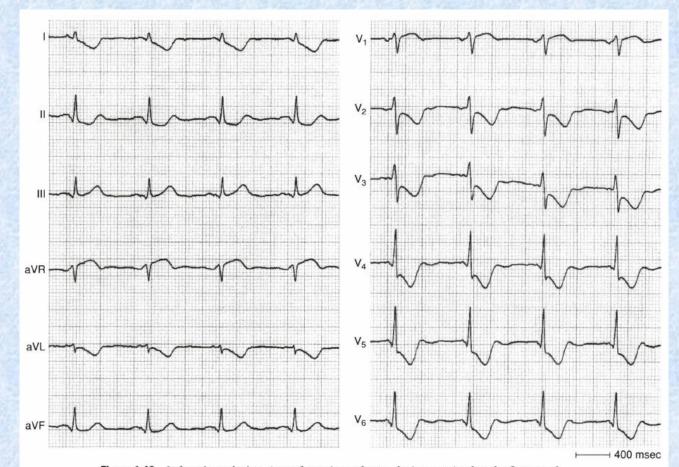
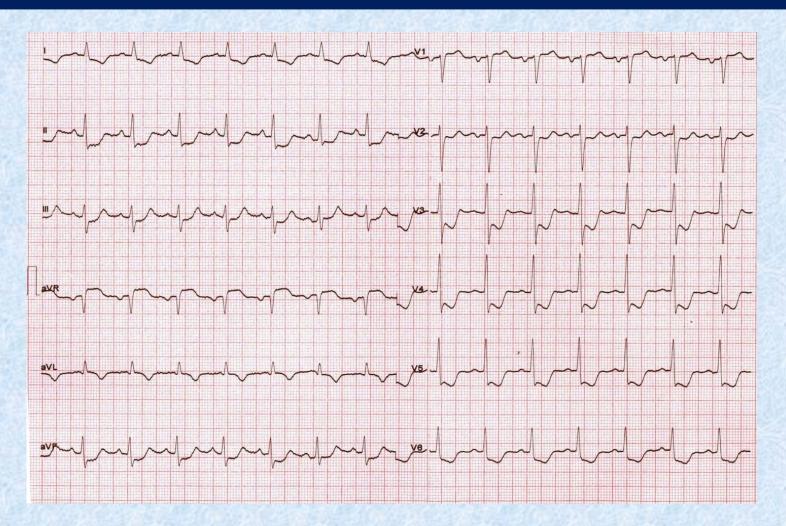


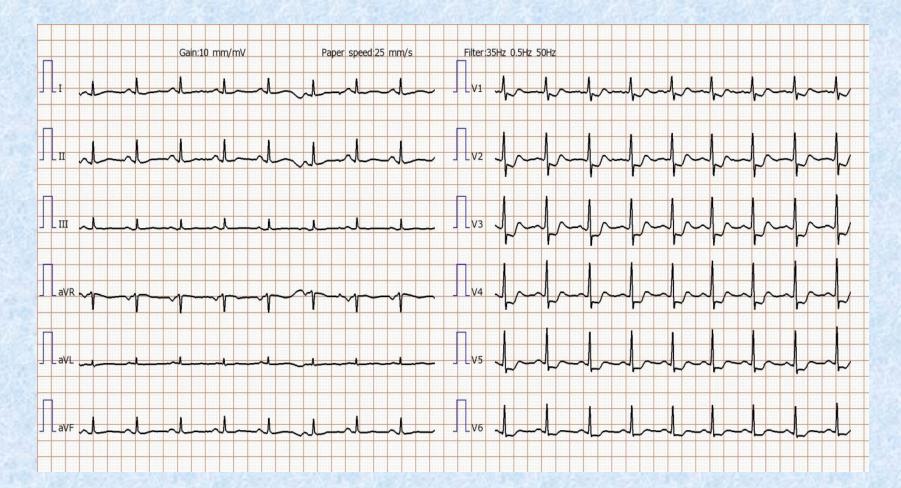
Figure 1-16 Left main occlusion. Apart from signs of an occlusion proximal to the first septal branch (ST elevation in leads aVR, aVL, and V₁), the ECG also shows evidence of posterobasal ischemia (ST depression in leads II, aVF, V₄, and V₅). Note that ST elevation in lead aVR is greater than that in V₁ and that the amount of ST depression in lead V₆ is more than the ST elevation in lead V₁.





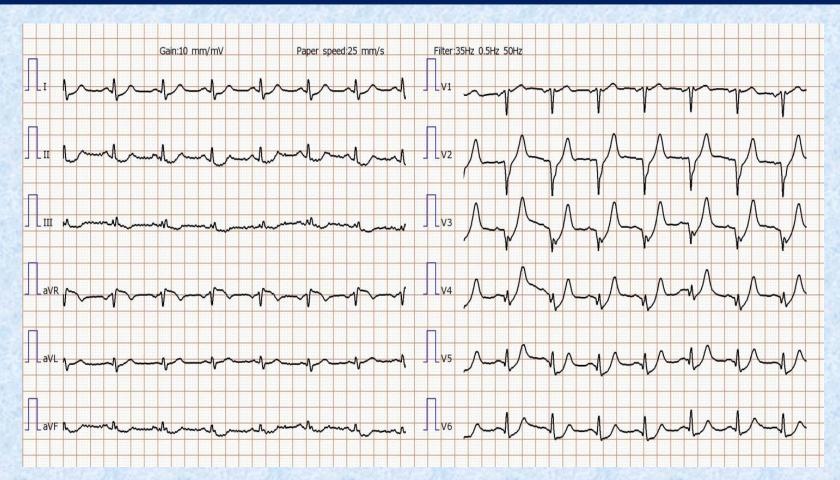
Left main occlusion pattern. Note to ST segment elevation in aVR and V1 and ST segment depression in other leads.





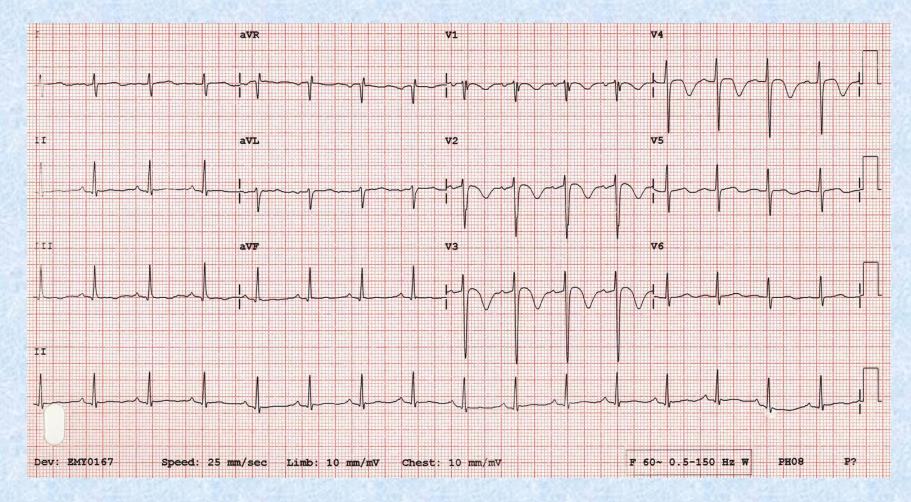
Isolated posterior STEMI. Note to horizontal ST depression in pericordial leads especially V1-4, dominant R wave (R/S ratio > 1) in V1 or V2, and upright T waves.





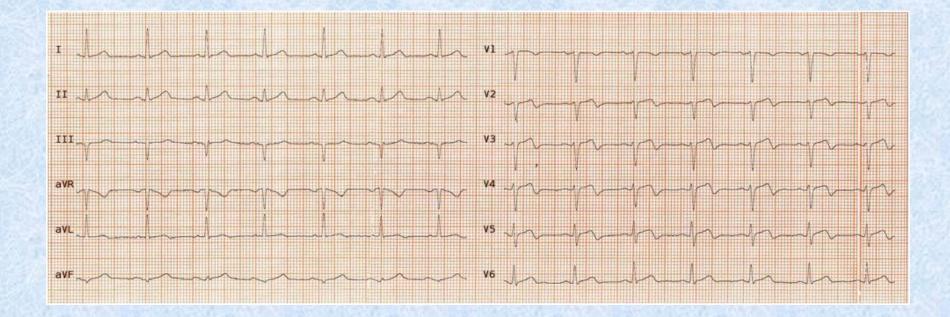
De Winter ECG pattern. ECG from a 50 years old male patient presented with at rest retrosternal angina. Note to broad, symmetrically peaked (hyperacute) T-waves in pericorial leads, ST segment elevation in lead aVR, and ST segment depression in other leads. The left anterior descending artery was cut at proximal portion in coronary angiography.





Wellens' Syndrome





Wellens syndrome. Note to biphasic T wave inversion in pericardial lead. This form is a more common type of wellens syndrome.



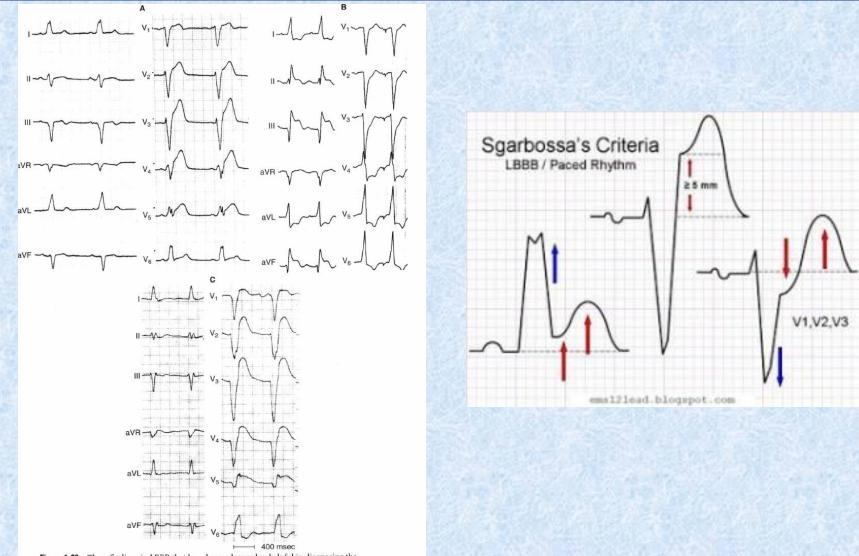
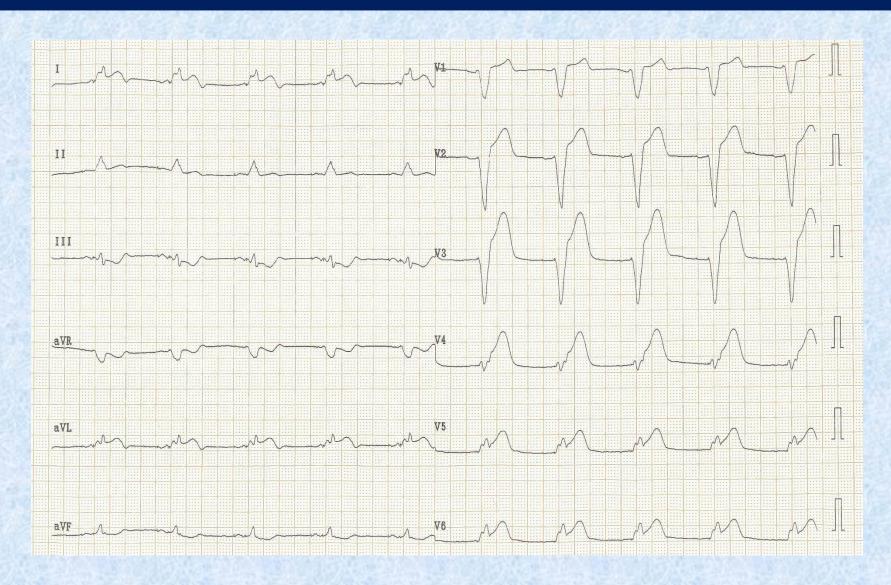


Figure 1-36 Three findings in LBBB that have been advanced as helpful in diagnosing the presence of MI. A, ST segment elevation more than 1 mm, concordant with the QRS complex in leads I, V₅, and V₆. **B**, ST segment depression more than 1 mm in leads V₁ to V₃. **C**, ST segment elevation more than 5 mm discordant with QRS in leads V₂ to V₄. Also see Table 1-3.







BOX 1-4

Reperfusion Arrhythmias

Accelerated idioventricular rhythm: Run of more than three ventricular complexes with a rate between 60 and 120 beats/min starting late in diastole Nonsustained VT: Ventricular rhythm more than 120 beats/min lasting less than 30 seconds Increase in VPBs: Twofold increase in the number per 5-minute interval Ventricular fibrillation

Atrial tachycardia/atrial fibrillation: Run of more than three regular or irregular rapid atrial complexes



Benign early repolarisation



- Benign early repolarisation
- The ECG pattern of benign early repolarisation (BER) is most commonly seen in young, healthy patients with age of less 50 years of age.
- It produces widespread ST segment elevation that may mimic pericarditis or acute MI.



Table 7. criteria for benign early repolarisation

Widespread concave ST elevation, most prominent in the mid- to left precordial leads (V2-5).

Concavity of initial upsloping portion of ST segment

Notching or slurring at the J-point.

Prominent, slightly asymmetrical T-waves which are concordant with the QRS complexes (pointing in the same direction).

The degree of ST elevation is modest in comparison to the T-wave amplitude (less than 25% of the T wave height in V6; against pericarditis)

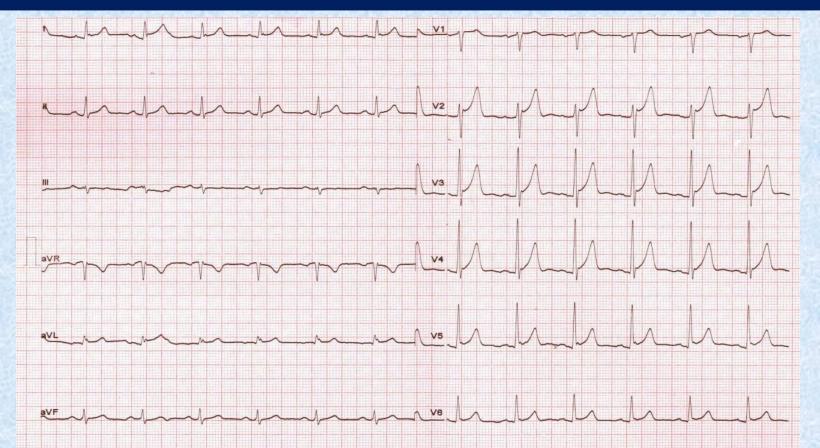
ST elevation compatible with criteria in table 6.

No reciprocal ST depression to suggest STEMI (except in aVR).

ST changes are relatively stable over time (no progression on serial ECG tracings).

Reduction in ST segment elevation with sympathomimetic factors





Benign early repolarization pattern in a 47 years old man with normal coronary arteries. Note to "Notching" and "slurring" of J point and concave upward ST-segment elevation in precordial, especially leadV5.



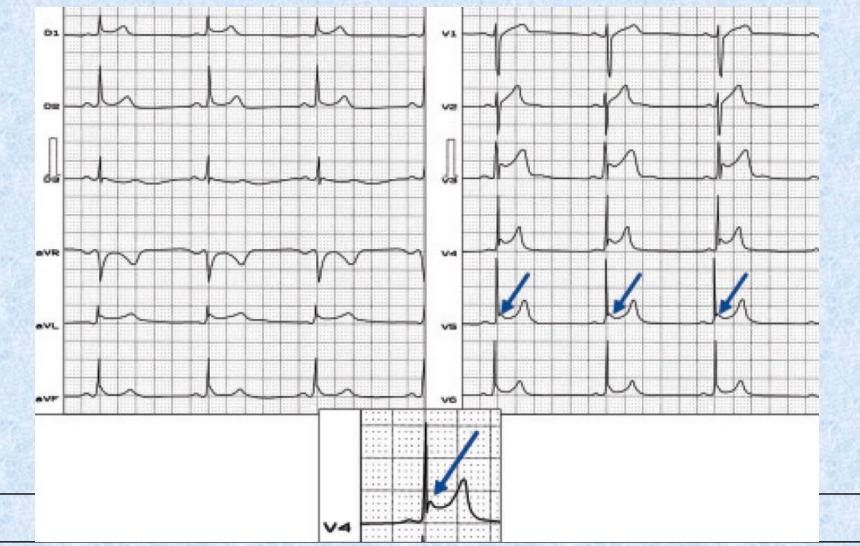
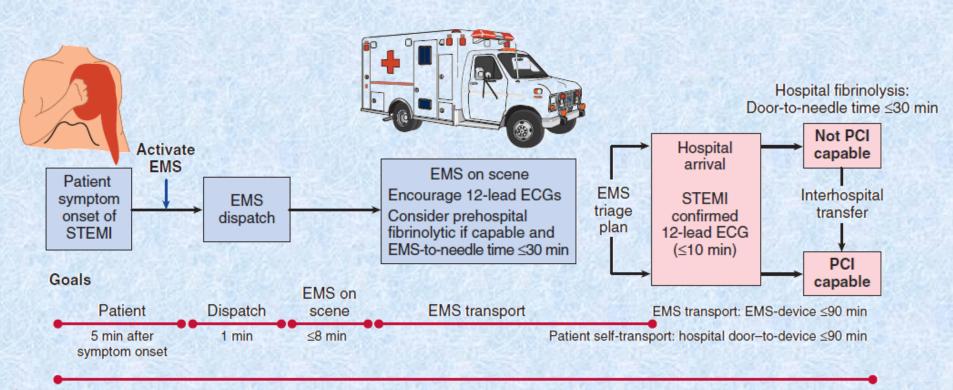


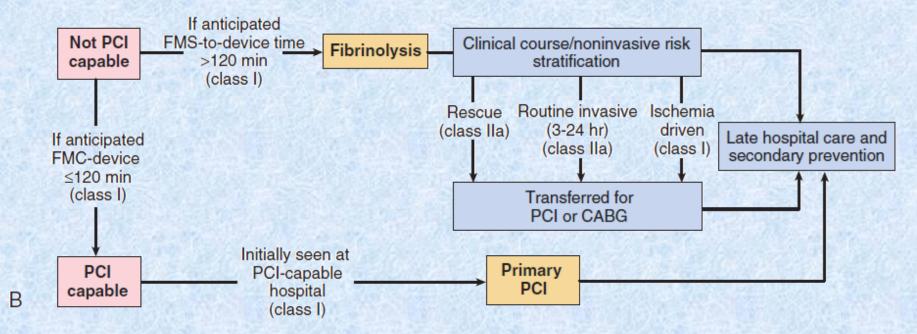
Figure 4: Benign early repolarization pattern in a male athletic with 24 years old. Note to "Notching" and "slurring" of J point and ST-segment elevation in precordial leads from V3–V5 of concave upward. (from: Pérez-Riera AR, de Abreu LC, Yanowitz F, Barros RB, Femenía F, McIntyre WF, et al. "Benign" early repolarization versus malignant early abnormalities: Clinical-electrocardiographic distinction and genetic basis. Cardiology journal. 2012;19(4):337-46.)

PREHOSPITAL MANAGEMENT



Total ischemic time: <120 min

Α



first medical contact (FMC)

MANAGEMENT IN THE EMERGENCY DEPARTMENT

General Treatment Measures

• Aspirin (162 to 325 mg should chew)

- <u>Control of Cardiac Pain</u>:
- 1. ANALGESICS (choice: morphine 4 to 8 mg IV & 2 to 8 mg repeated at intervals of 5 to 15 minutes)
- 2. NITRATES (Exclude: RVMI, SBP <90 mm Hg especially if accompanied by bradycardia, or recent use of PDE-5 inhibitors)
- **3. BETA-ADRENERGIC BLOCKING AGENTS** (Exclude: heart failure, SBP <90 mm Hg, HR <60 beats/min, or significant AV block).
- 4. **OXYGEN** (if SO₂<90%)

Contraindications to and Cautions in the Use of Fibrinolytics

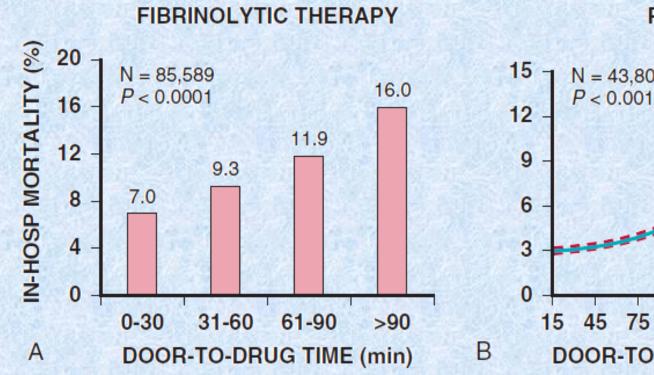
Absolute Contraindications

- 1. Any previous intracranial hemorrhage
- 2. Known structural cerebral vascular lesion (e.g., AVM)
- 3. Known malignant intracranial neoplasm (primary or metastatic)
- 4. Ischemic stroke within 3 months *except acute ischemic stroke within* 4.5 hours
- 5. Suspected aortic dissection
- 6. Active bleeding or bleeding diathesis (excluding menses)
- 7. Significant closed-head or facial trauma within 3 months
- 8. Intracranial or intraspinal surgery within 2 months
- 9. Severe uncontrolled hypertension (unresponsive to emergency therapy)
- 10. For streptokinase, previous treatment within the previous 6 months

Relative Contraindications

- 1. History of chronic, severe, poorly controlled hypertension
- Significant hypertension at initial evaluation (SBP > 180 mm Hg or DBP > 110 mm Hg)⁺ (Could be an absolute contraindication in low-risk patients with MI)
- 3. History of previous ischemic stroke >3 months
- 4. Dementia
- 5. Known intracranial pathology not covered in Absolute Contraindications
- 6. Traumatic or prolonged (>10 minutes) cardiopulmonary resuscitation
- 7. Major surgery (<3 weeks)
- 8. Recent (within 2 to 4 weeks) internal bleeding
- 9. Noncompressible vascular punctures
- 10. Pregnancy
- 11. Active peptic ulcer
- 12. Oral anticoagulant therapy

REPERFUSION THERAPY



PRIMARY PCI

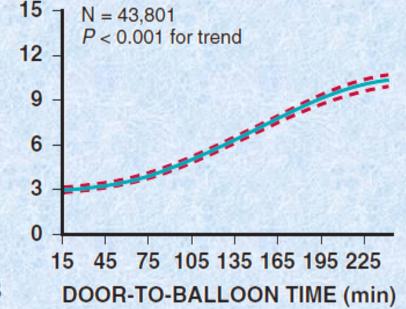


TABLE 52-5 Comparison of Approved Fibrinolytic Agents

FIBRINOLYTIC AGENT	DOSE	FIBRIN SPECIFICITY	FIBRINOGEN DEPLETION	ANTIGENIC	PATENCY RATE (90-MIN TIMI 2 OR 3 FLOW)
Fibrin Specific					
Tenecteplase (TNK)	Single IV weight-based bolus ⁺	++++	Minimal	No	85%
Reteplase (r-PA)	10 units + 10-unit IV boluses given 30 min apart	++	Moderate	No	84%
Alteplase (t-PA)	90-min weight-based infusion [‡]	++	Mild	No	73-84%
Non–Fibrin Specific					
Streptokinase⁵	1.5 million units IV given over 30-60 min	No	Marked	Yes ¹	60-68%

TNK: Bolus of 30 mg for weight less than 60 kg, 35 mg for 60 to 69 kg, 40 mg for 70 to 79 kg, 45 mg for 80 to 89 kg, and 50 mg for 90 kg or greater.

T-PA: Bolus of 15 mg, infusion of 0.75 mg/kg for 30 minutes (maximum, 50 mg), then 0.5 mg/kg (maximum, 35 mg) over the next 60 minutes; the total dose not to exceed 100 mg.

TABLE 52-6 Indications for Coronary Angiography in Patients Who Were Managed with Fibrinolytic Therapy or Who Did Not Receive Reperfusion Therapy

RECOMMENDATION	COR	LOE
Cardiogenic shock or acute severe HF that develops after initial evaluation	I	В
Intermediate- or high-risk findings on predischarge noninvasive ischemia testing	I	В
Spontaneous or easily provoked myocardial ischemia	1	С
Failed reperfusion or reocclusion after fibrinolytic therapy	lla	В
Stable* patients after successful fibrinolysis—before discharge and ideally between 3 and 24 hr	lla	В

ACCF/AHA Guidelines

Time: Primary PCI

TABLE 52G-1 Primary Percutaneous Coronary Intervention for ST-Elevation Myocardial Infarction			
	COR	LEVEL OF EVIDENCE	
Ischemic symptoms <12 hr	I.	А	
Ischemic symptoms <12 hr and contraindications to fibrinolytic therapy irrespective of delay in time after FMC	I.	В	
Cardiogenic shock or acute severe HF irrespective of delay in time after the onset of MI	I.	В	
Evidence of ongoing ischemia 12-24 hr after the onset of symptoms	lla	В	
PCI on a noninfarct artery at the time of primary PCI in patients without hemodynamic compromise	III: Harm	В	

	COR	LEVEL OF EVIDEN
Antiplatelet Therapy		
Aspirin		
 162- to 325-mg loading dose before the procedure 	1	В
 81- to 325-mg daily maintenance dose (indefinite)* 	1	А
 81 mg daily is the preferred maintenance dose* 	lla	В
P2Y ₁₂ Inhibitors		
oading Doses		
 Clopidogrel: 600 mg as early as possible or at the time of PCI 	I.	В
 Prasugrel: 60 mg as early as possible or at the time of PCI 	I.	В
 Ticagrelor: 180 mg as early as possible or at the time of PCI 	I.	В
Naintenance Doses and Duration of Therapy		
DES placed: Continue therapy for 1 year with		
Clopidogrel: 75 mg daily	1	В
Prasugrel: 10 mg daily	I.	В
• Ticagrelor: 90 mg twice a day*	I.	В
BMS ⁺ placed: Continue therapy for 1 year with		
• Clopidogrel: 75 mg daily	1	В
• Prasugrel: 10 mg daily	1	В
• Ticagrelor: 90 mg twice a day*	1	В
DES placed:		
 Clopidogrel, prasugrel, or ticagrelor* continued beyond 1 year 	llb	С
Patients with STEMI and previous stroke or TIA: prasugrel	III: Harm	В
ntravenous Glycoprotein IIb/IIIa Receptor Antagonists in Conjunction with Unfractionated Hep	arin or Bivalirudin ir	n Selected Patients
Abciximab: 0.25-mg/kg IV bolus, then 0.125 μg/kg/min (maximum, 10 μg/min)	lla	А
Tirofiban (high bolus dose): 25-μg/kg IV bolus, then 0.15 μg/kg/min	lla	В
 In patients with CrCl <30 mL/min, reduce the infusion by 50% 		
 Eptifibatide (double bolus): 180-μg/kg IV bolus, then 2 μg/kg/min; a second 180-μg/kg bolus is administered 10 min after the first bolus 	lla	В
 In patients with CrCl < 50 mL/min, reduce the infusion by 50% 		
Avoid in patients on hemodialysis		
Pre-catheterization laboratory administration of IV GP IIb/IIIa receptor antagonist	llb	В
 Intracoronary abciximab: 0.25-mg/kg bolus 	llb	В

Drugs: Primary PCI

Drugs: Primary PCI

TABLE 52G-2 Adjunctive Antithrombotic Therapy to Support Reperfusion with Primary Percutaneous Coronary Intervention—cont'd

	COR	LEVEL OF EVIDENCE
Anticoagulant Therapy		
• UFH		
 With a GP IIb/IIIa receptor antagonist planned: 50- to 70-unit/kg IV bolus to achieve therapeutic ACT[‡] 	1	С
 With no GP IIb/IIIa receptor antagonist planned: 70- to 100-unit/kg bolus to achieve a therapeutic ACT[§] 	1	C
 Bivalirudin: 0.75-mg/kg IV bolus, then 1.75-mg/kg/hr infusion with or without previous treatment with UFH. An additional bolus of 0.3 mg/kg may be given if needed 	1	В
 Reduce the infusion to 1 mg/kg/hr with estimated an CrCl <30 mL/min 		
Preferred over UFH with a GP IIb/IIIa receptor antagonist in patients at high risk for bleeding	lla	В
 Fondaparinux: not recommended as the sole anticoagulant for primary PCI 	III: Harm	В

Drugs: Fibrinolytic therapy

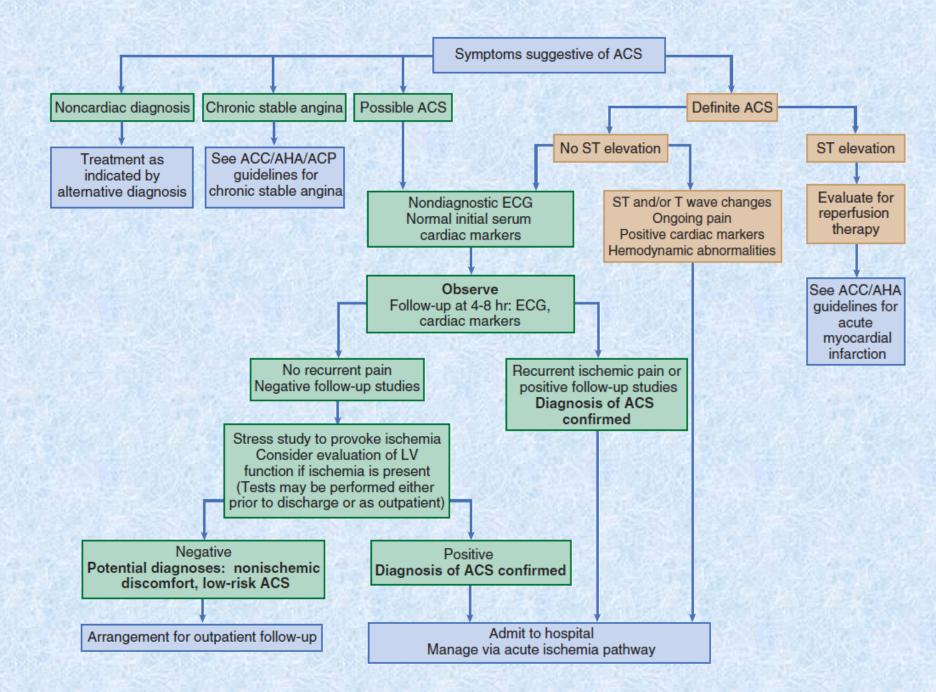
TABLE 52G-5 Adjunctive Antithrombotic Therapy to Support Reperfusion with Fibrinolytic Therapy		
	COR	LEVEL OF EVIDENCE
Antiplatelet Therapy		
Aspirin		
162- to 325-mg loading dose	1	А
81- to 325-mg daily maintenance dose (indefinite)	I.	А
81 mg daily is the preferred maintenance dose	lla	В
P2Y ₁₂ Receptor Inhibitors		
Clopidogrel:	I.	А
 Age ≤ 75 yr: 300-mg loading dose 		
• Followed by 75 mg daily for at least 14 days and up to 1 yr in the absence of bleeding	T	A (14 days) C (up to 1 yr)
 Age > 75 yr: no loading dose, give 75 mg 	I.	А
 Followed by 75 mg daily for at least 14 days and up to 1 yr in the absence of bleeding 	I	A (14 days) C (up to 1 yr)

Drugs: Fibrinolytic therapy

TABLE 52G-5 Adjunctive Antithrombotic Therapy to Support Reperfusion with Fibrinolytic The	rapy—cont'd	
	COR	LEVEL OF EVIDENCE
Anticoagulant Therapy		
• UFH:	I.	С
 Weight-based IV bolus and infusion adjusted to obtain an APTT of 1.5-2.0 times control for 48 hr or until revascularization. IV bolus of 60 units/kg (maximum, 4000 units) followed by an infusion of 12 units/kg/ hr (maximum, 1000 units) initially, adjusted to maintain the APTT at 1.5-2.0 times control (≈50-70 sec) for 48 hr or until revascularization 		
Enoxaparin:	I.	А
 If age < 75 yr: 30-mg IV bolus, followed in 15 min by 1 mg/kg subcutaneously every 12 hr (maximum, 100 mg for the first 2 doses) 		
 If age ≥ 75 yr: no bolus, 0.75 mg/kg subcutaneously every 12 hr (maximum, 75 mg for the first 2 doses) 		
 Regardless of age, if CrCl < 30 mL/min, 1 mg/kg subcutaneously every 24 hr 		
Duration: For the index hospitalization, up to 8 days or until revascularization		
Fondaparinux:	I.	В
 Initial dose of 2.5 mg IV, then 2.5 mg subcutaneously daily starting the following day, for the index hospitalization up to 8 days or until revascularization 		
Contraindicated if CrCl < 30 mL/min		

Drugs: Medical therapy

TABLE 52G-9 Indications and Cautions for Adjunctive Medical Therapies for Patients with ST-Elevation Myocardial Infarction		
Beta-adrenergic receptor– blocking agents	Oral: All patients without contraindication IV: Patients with refractory hypertension or ongoing ischemia without contraindication	Signs of CHF Low-output state Increased risk for cardiogenic shock Prolonged first-degree or high-grade atrioventricular block Reactive airways disease
Angiotensin-converting enzyme (ACE) inhibitors	Anterior MI and EF ≤0.40 or CHF All patients without contraindication	Hypotension Renal failure Hyperkalemia
Angiotensin receptor– blocking agents (ARBs)	Intolerant of ACE inhibitors	Hypotension Renal failure Hyperkalemia
Statins	All patients without contraindications	With drugs metabolized via CYP3A4, fibrates Monitor for myopathy, hepatotoxicity Adjust dose for lipid targets
Nitroglycerin	Ongoing chest pain Hypertension and CHF	Suspected right ventricular infarction SBP <90 (or 30 mm Hg below baseline) Recent use of a type 5 PDE inhibitor
Oxygen	Clinically significant hypoxemia (Spo ₂ < 90) CHF Dyspnea	Chronic obstructive pulmonary disease and CO_2 retention
Morphine	Pain Anxiety Pulmonary edema	Lethargic or moribund patient Hypotension Bradycardia Known hypersensitivity

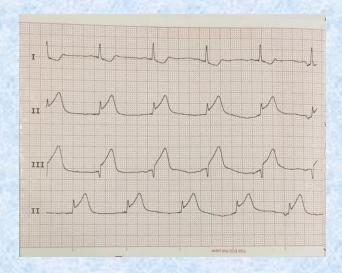


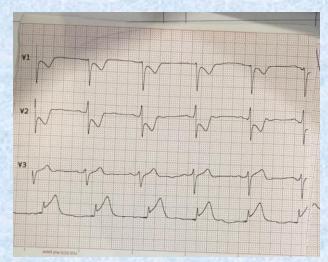
Case Presentation

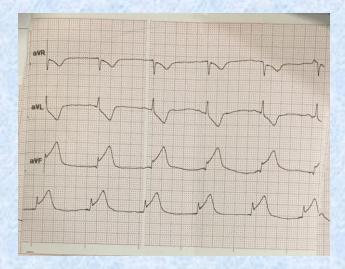
A 50 years old man presented with Inf STEMI

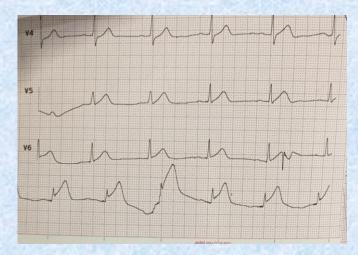
• CAD RF: Smoking, DLP

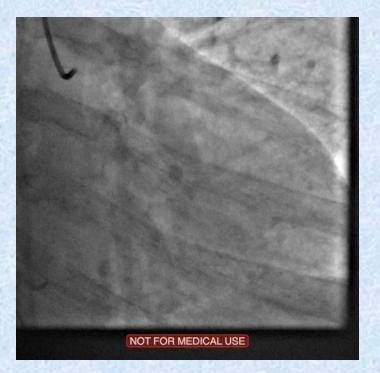
• Echo: LVEF: 35%, inf HK

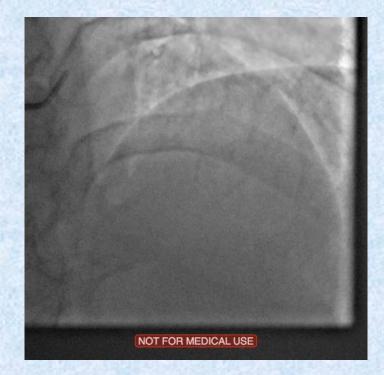


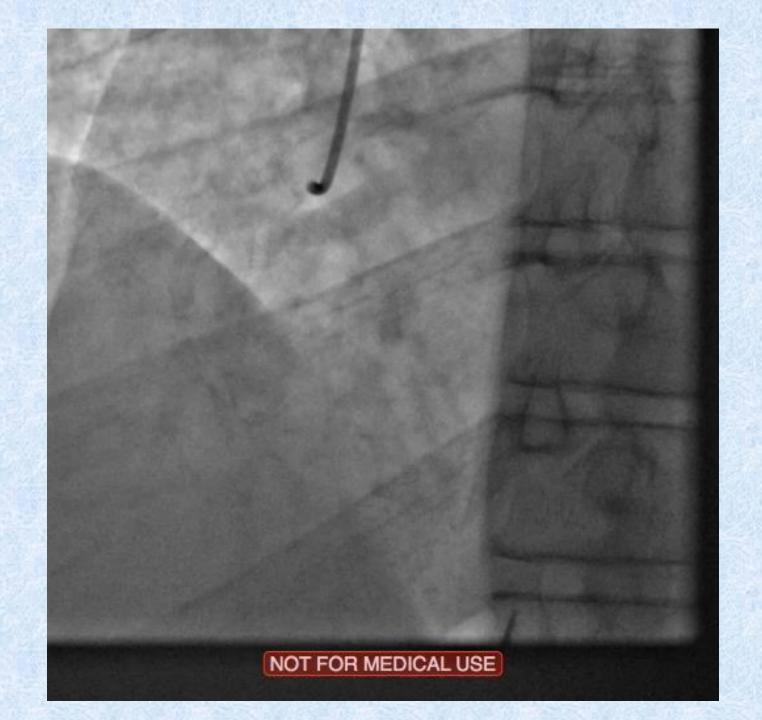












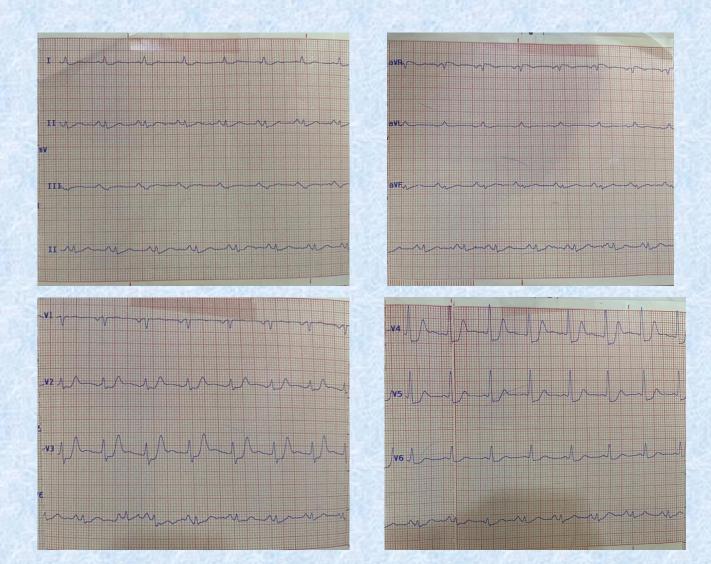


Case Presentation

A 66 years old man presented with ACS

• CAD RF: Smoking, DLP

• Echo: LVEF: 30%, inf HK









Thanks for Your Attention